



**Carers
Leeds**

Working together to support carers

carers advice line
0113 380 4300

Specialist Dementia Carer Support Team



We are a team of Carer Support Workers offering specialist support to carers of people living with memory problems or a diagnosis of dementia.

 /carersleeds  @carersleeds

www.carersleeds.org.uk

Carers Leeds is a Registered Charity No: 1058706
Limited Company Registered No: 3242065


carerstrust
a Network Partner

We offer:

- Someone for you to talk to about how caring affects you
- A wide range of carer support groups across the city
- Education and training sessions to support carers in their caring role
- Wellbeing sessions
- Social events
- A free newsletter
- Information via our website, Facebook & Twitter
- A monthly Dementia Café for you and the person you care for

We can help you to access:

- Welfare benefits
- Breaks away from your caring role
- Carers support groups
- Holidays
- Carer Assessments'
- Social activities/wellbeing and carer training

How we can help you

- Telephone Carers Leeds from 9am - 5pm Monday to Friday (there is an answerphone outside office hours)
- 'Drop in' at our central Leeds office from 9.30am to 4pm Monday to Friday
- Attend a Carers Support Group. Ring our Advice Line for more information about groups
- Get one to one support from a Specialist Dementia Carer Support Worker
- By Appointment at our central Leeds office
- In your own home
- In a community venue of choice
- In Leeds hospitals if you or the person you care for is a patient in a Leeds hospital
- At GP's or other health care settings

Contact details

Carers Leeds, 6/8 The Headrow, Leeds, LS1 6PT
info@carersleeds.org.uk | www.carersleeds.org.uk

Carers Leeds is committed to delivering services to support the culturally diverse communities of Leeds. Carers Leeds is a LGBT friendly service.