



**Carers
Leeds**

Working together to support carers

carers advice line
0113 380 4300

Carer Support at Young Dementia Leeds



A service providing information, advice and support to anyone caring for someone aged 65 or under with dementia.

A service in partnership with



 /carersleeds  @carersleeds

www.carersleeds.org.uk

Carers Leeds is a registered charity No: 1058706

Limited company registered No: 3242065

What do we do?

We work with carers and families of younger people with dementia offering:

- emotional support
- information and advice
- carer training and information workshops
- an opportunity to connect with other carers

How do we do it?

We offer one to one support giving you the opportunity to talk about your caring role, consider your own health and discuss any worries or concerns.

We can meet with you at Carers Leeds, a location to suit you or at the Community Links day centre in Cottingley.

We also provide learning opportunities including dementia carer training, workshops and access to support groups.

How to contact us

Lucy Collins: 07375 897 048

Advice Line: 0113 380 4300

E-mail: lucy.collins@carersleeds.org.uk

Visit: www.carersleeds.org.uk

Carers Leeds is committed to delivering services to support the culturally diverse communities of Leeds. Carers Leeds is a LGBTQ+ friendly service.